

UIC Department of
UNIVERSITY OF ILLINOIS
AT CHICAGO **Kinesiology and Nutrition**
COLLEGE OF APPLIED HEALTH SCIENCES



**Information on
Degree Programs
in Nutrition**

2017-2018

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What is a registered dietitian?

A registered dietitian is a food and nutrition expert who has met the minimum academic and professional requirements to qualify for the credential “RDN,” as determined by the Academy of Nutrition and Dietetics (AND). In addition to RDN credentialing, many states have regulatory laws for dietitians and nutrition practitioners, meaning they require individuals to be licensed by the state in order to practice nutrition in their state. State requirements are frequently met through the same education and training required to become an RDN.

A recent report on www.medpagetoday.com indicated:

The healthcare job market will experience a more dramatic growth in the next decade than any other job sector, according to a report from Georgetown University Center on Education and the Workforce.

As baby boomers age, and as Americans continue to eat poorly and not exercise enough, healthcare costs will grow over the next decade and are projected to equal 20% of the GDP, or \$6 trillion, by 2020.

To keep up with the ensuing demand for services, the number of healthcare workers would have to grow 30% by 2020, the report said.

By comparison, projected average growth in the number of all jobs in the U.S. over the same period is 17%, meaning healthcare jobs will grow at nearly twice the rate of all U.S. jobs.

"Because of this rapid growth, the healthcare industry has the potential to provide millions of new high-quality, well-paying jobs over the next decade," the report authors wrote. "Overall, there will be an estimated 5.6 million healthcare job vacancies between 2010 and 2020."

The largest creation in healthcare jobs will be in the category of "professional and technical workers," which includes doctors, registered nurses, licensed practical and technical vocational nurses, and allied healthcare professionals, such as dietitians. That category included 6.5 million workers in 2010 and is expected to grow 26% by 2020, to account for more than 8 million workers.

Walker, Emily P. “Boom in Health Jobs Expected Over Next Decade.” MedPageToday. 23 June 2012. Web. 11 July 2012.

- In their 2014 ranking, CareerCast.com looked at 200 careers and weighed all sorts of factors that contribute to worker stress. They listed dietitian as #6 on the least stressful jobs.

<http://www.careercast.com/slide/6-dietitian>

- In 2015, the millennial advocacy group Young Invincibles listed dietitians in the top 25 “Best Jobs for Millennials.”

This is an exciting time for the field of nutrition and dietetics. There is and will continue to be an increased demand for our expertise and services. Despite the recent economic downturn, our graduates are finding jobs. On graduate surveys between 2012-2016, >70% of both our CP and NS graduates reported finding employment in the dietetics field within the first year after completing their internships. Additionally, RDs will have the opportunity to make a significant impact in the health of our nation. Our graduates have taken jobs in some unique areas of dietetics, including PR firms, at the Academy of Nutrition and Dietetics, the food industry, and more.

What are the educational requirements to become a registered dietitian?

Registered dietitians must meet the following criteria to earn the RD credential:

1. **Complete a minimum of a bachelor's degree** at a US regionally accredited university or college and course work accredited or approved by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics.
2. **Complete an ACEND-accredited supervised practice program** at a health-care facility, community agency, or a foodservice corporation or combined with undergraduate or graduate studies. Typically, a practice program will run six to 12 months in length.
3. **Pass a national examination** administered by the Commission on Dietetic Registration (CDR). For more information regarding the examination, refer to CDR's website at www.cdrnet.org.
4. **Earn continuing professional educational requirements** annually to maintain registration once the initial requirements are met.

More info on becoming a dietitian can be found on the Academy of Nutrition and Dietetics website at: <http://www.eatright.org/BecomeanRDorDTR/content.aspx?id=8143>

What programs are available in the Department of Kinesiology and Nutrition at UIC to become a Registered Dietitian?

There are three different routes available at UIC that enable a student to start on the path to becoming a registered dietitian. **Please note that our programs are designed for students who have not previously completed a Didactic Program in Dietetics (DPD).*

Coordinated Program in Nutrition

- **Bachelor's Level—BS/CP**
The Coordinated Program in Nutrition (Bachelor's Level) provides the ACEND accredited didactic coursework, as well as the required 1200 supervised practice hours (equivalent to an internship). After completing the program, you will be eligible to sit for the national registration exam for dietitians. After successfully passing the RD exam, you will be a Registered Dietitian (RD), and you will be qualified for various positions within the field of nutrition and dietetics.
- **Master's Level—MS/CP**
The Coordinated Program in Nutrition (Master's Level) combines additional graduate-level coursework in nutrition with the didactic curriculum, which is mostly at the undergraduate level, as well as the 1200 supervised practice hours that enable graduates to sit for the Registration Examination for Dietitians. This program is *ideal for career changers* or those who have a *degree in an unrelated field*, but would like to become a registered dietitian. The prerequisites will prepare you for the program. Even if your degree is in a completely unrelated area, as long as you complete your prerequisites, you are eligible to apply to the MS/CP.
- **Bachelor of Science in Nutrition (Nutrition Science Program)****
This program is intended for students who would like to pursue a career in the field of dietetics. It is also ideal for those who plan on pursuing an advanced degree in nutritional sciences or a professional degree in medicine, dentistry, public health, or other health related field. Many professional programs, such as medical school and Physician Assistant programs are extremely competitive. Candidates with a health-related undergraduate degree will be more well-rounded and interesting to advisors than their general-education prepared competition for these sought-after spots. The NS program is an ACEND accredited DPD

(Didactic Program in Dietetics). If a Nutrition Science (DPD) student would like to pursue dietetics (become an RD), she/he can apply for a competitive ACEND accredited dietetic internship (<http://www.eatright.org/students/education/di.aspx>) during his/her final semester in the program. The student would begin the internship after successful completion of the UIC DPD. After finishing a dietetic internship, the student will be eligible to sit for the registration examination for dietitians (<http://www.cdrnet.org/program-director/registration-handbook-information>).

*****This program does not include the supervised practice/internship experience.*****

Prerequisites

Prerequisites for the Coordinated Program (MS and BS) and the Nutrition Science Program (DPD) are listed below. Courses must be equivalent (*determined by program directors or using Transferology: <https://www.transferology.com/state/il?all>*) to those offered by the University of Illinois at Chicago and may be completed at any accredited college or university with a grade of “C” or better.

<i>Prerequisite courses for Coordinated Program and Nutrition Science Program</i>		
Course	Description	No. Credits**
English comp I	Introductory course in literature and/or writing.	3
English comp II	Secondary course in literature and/or writing.	3
Speech	Oral communication/public speaking course	3
General Biology*	One general biology course with lab (cell biology focus)	5 with lab
Anatomy and Physiology*	Two courses with lab	10 with labs
General Chemistry I*	One course with lab	5 with lab
General Chemistry II*	One course with lab	5 with lab
Organic Chemistry*	One course (no lab required) <i>Please note, we do not accept Survey of Organic and Biochemistry.</i>	4
Biochemistry*	One course	3
Foods	One course with lab	3 with lab
Nutrition	One introductory course	3
Mathematics	One course in pre-calculus or higher	5
Psychology	One course in introductory psychology	3
Sociology	One course in introduction to sociology	3
Humanities <i>Not Required for MS Applicants</i>	One course in Creative Arts and one in Understanding the Past	3 credits each

*Courses with an asterisk next to them must be taken within five years of starting the program

**These are the number of credits for the equivalent course offered at UIC. As long as the course provided at your institution is within one credit hour, it will be acceptable.

Note: Pre-requisites are subject to change from time to time. It is up to the candidate to ensure he or she has completed the most recent requirements.

We will accept online biochemistry courses, as in class biochemistry can be difficult to find. The following are acceptable courses:

Illinois Institute of Technology

Course: Biology 401

IIT Course Schedule

Oregon State University

Course: BB 350

OSU Course Schedule

University of Minnesota

Course: BIOC 3021

UM Course Schedule

University of New England

Course: Medical Biochemistry

UNE Course Schedule

Iowa State University

Course: BBMB 404 Biochemistry I

ISU Course Schedule

Transfer students can use the Transferology guide to help choose prerequisite courses at other institutions: <https://www.transferology.com/state/il?all>.

This link <http://ahs.uic.edu/kn/academics/bsncp/howtoapply/prerequisites/> includes information on the online biochemistry courses that we accept to fulfill the prerequisite requirement.

If you have already attempted using Transferology, yet you still have questions concerning prerequisite courses, please contact the Department of Kinesiology and Nutrition – Kirsten Straughan at kstraul@uic.edu or Carol Braunschweig at braunsch@uic.edu to have your transcripts evaluated. We often request that you send a course description to determine whether a course will fulfill the prerequisite requirement, so please have those ready. Additionally, based on the high level of interest in our programs, we often request that prospective students attend one of our informational sessions to demonstrate their level of interest prior to our reviewing their transcript.

For undergraduate applicants: It is up to the UIC English department whether or not they will accept English courses taken outside of UIC (unless the course was preapproved in Transferology). For further information on this, please contact the English Department: <http://www.uic.edu/depts/engl/undergrad/FYWP.html>.

Foreign students are required to have their transcripts evaluated into the U.S. system. Please see the CDR website at: <http://www.eatrightacend.org/ACEND/content.aspx?id=6442485499> for an acceptable list of foreign transcript evaluation agencies.

**Please note that while we as a department will evaluate your transcripts for courses that we believe you have fulfilled, you will not have final approval from the Office of Admissions and Records on courses that will transfer to UIC until you have formally applied to the University.*

Where can I take my prerequisites and will my pre-requisites transfer?

You may complete your prerequisites at any accredited institution. That said, we want to make it clear that our programs are becoming ever more competitive. We understand that financial considerations are always a factor. When comparing two applicants, given all else is equal, if one student took all prerequisites at a city or community college, while another took courses at a four year institution, then the student who took the courses at the four year institution will have an advantage in *this* regard. However, we have had many students take prerequisites at community/city colleges and gain admission into our programs. We consider *all* aspects of the application, including grades, writing skills, recommendation letters, experience or exposure to the field, volunteer work, etc.

If you would like to take your prerequisite courses at UIC, here are your options:

1. Preferential option:

Undergraduate and graduate seeking prospective students should apply to the Department of Kinesiology. Prerequisites for this option are biology and pre-calculus, and admission is for the fall semester only. Second degree seeking students should apply as an undergraduate transfer student.

<http://ahs.uic.edu/kn/academics/bskn/howtoapply/>

2. Second option for undergraduate seeking students:

Apply to the Department of Liberal Arts and Sciences (LAS) as a pre-nutrition student. No prerequisites are required for transfer students. LAS accepts students for both fall and spring admission.

<http://www.las.uic.edu/prospective/admissions>

For both options, please visit the Office of Admissions: <http://admissions.uic.edu/apply-now> and select the “Transfer/UIC Web Application” option to start the application process.

- If this is your first application to UIC, click “First time user account creation” and follow the instructions.
- Once you finalize and submit your application and the application fee, the system will send you further instructions (typically on the next business day) on using the application checklist to upload materials and enter information to generate requests to your recommenders for letters.
- Please note that you do not have to enter and submit all application information, or upload all materials, at one sitting. You can return to the system as many times as you need to. You can also return to the system checklist as often as you like to see what materials have been successfully uploaded, and subsequently verified as received by the department.

3. Second option for graduate seeking students:

Apply to the graduate college as a non-degree seeking graduate student. Fall and spring admission. No prerequisites required.

<https://admissions.uic.edu/graduate-professional/requirements-deadlines/non-degree-study>

****Please note that completing your prerequisite course requirements at UIC does not guarantee admission into the nutrition programs.****

What if my undergraduate degree was in a completely unrelated area?

Many of our applicants have degrees in an area unrelated to nutrition. This is not a concern and, in many cases, may actually benefit you as a career changer. We recommend that all individuals with an undergraduate degree apply to the Master’s Coordinated Program (as opposed to the Bachelor’s Coordinated Program or Nutrition Science Program). We have made the prerequisite courses rigorous enough to prepare you for the program at the master’s level. Additionally, we do not want students deciding they would like to switch from the undergraduate to the graduate program once they are at UIC, as it becomes cumbersome.

Do you allow exemptions from any courses in your program?

Upon admission to the program, you will be offered the opportunity to apply for exemption from the *Science of Food* if you have successfully completed this course at another institution. You must demonstrate that the course you completed was equivalent to the course we offer by submitting a syllabus and proof of the grade you earned. We will determine if you will be awarded credit for the course. We do not offer exemptions from any other courses in our program.

Must I complete all my prerequisite courses by the time I apply?

Prerequisite courses must be completed before the first day of classes in late August, rather than prior to admission to the program. However, we *require* students to have completed at least **three of the six** *science* courses (Biology, General Chemistry I and II, Organic Chemistry, Biochemistry or Anatomy and Physiology) prior to applying. Qualified students will receive a conditional offer of acceptance during the spring admissions cycle, as long as they can offer a feasible schedule for completion of their prerequisite course work.

Admitted students who fail to complete all prerequisites will NOT be allowed to enter the program. Please DO NOT ask for an exception to this rule. We cannot allow you to complete any prerequisite courses once you have begun the program. The schedule does not allow for it. Additionally, the material in the prerequisite courses is foundational to perform well in the core nutrition classes you will be taking in your first semester at UIC. If it is not feasible for you to complete all prerequisites by the end of August, then you should wait and apply during the next admissions cycle.

Applying to UIC's Nutrition Programs

What is your application deadline?

- The application deadline is **January 15th of each year**, and the program starts in late August, consistent with the beginning of UIC's fall semester. All candidates will follow the same schedule without exception.

How many students apply to the program? How many are admitted?

- Coordinated Program (MS and BS combined):
 - We typically receive around 100 applications and accept up to 36 students per year.
- Nutrition Science Program:
 - We typically receive 25-30 applications and accept up to 35 students per year.
- When a student is not accepted into the BS Coordinated program, we *automatically* consider them for the Nutrition Science Program. You should not apply to more than one program.

How does the department decide who will be admitted to the program?

- The department carefully evaluates each applicant using a point system. For the Coordinated Program, grade point averages for science courses, prerequisite courses, as well as overall GPA are all considered. Additionally, recommendation letters and ratings on written interview questions, are considered. The top applicants will be invited to an interview with the program directors.
- Admission into the Nutrition Science track is based solely on GPA. Those applicants with the strongest GPAs will be admitted into the program, and the remaining qualified applicants will be placed on an alternate list. In the event that any of the accepted students are unable to enter the program, an alternate will be offered a position in the program. No students with an overall GPA lower than 2.5 on a 4.0 scale will be accepted into the program.

What is the profile of a typical successful applicant?

- We have a unique applicant pool each year, so it is difficult to make generalizations. However, all students must have a grade point average (GPA) of at least 2.5 on a 4.0 scale to be considered for admission.
- Average GPAs of last admissions cycle:
 - MS/CP: 3.56 (Prerequisite) and 3.4 (Science)
 - BS/CP: 3.68 (Prerequisite) and 3.5 (Science)
 - NS: 3.26 (Prerequisite) and 2.7 (Science)
- Keep in mind that GPA is not the only criteria used to evaluate applicants. Therefore, all students that meet our minimum requirements are encouraged to apply. *An understanding of the role of the dietetic professional and their role in the health care system, community and beyond, combined with volunteer experience in the field of dietetics and great communication skills can improve your chances of acceptance.*
- Due to the competitive nature of our programs, we cannot accept every student who applies. We encourage students to apply to other accredited nutrition programs to provide a back-up option in case we are unable to extend an offer of acceptance at UIC.

Application Procedures

General Information for University Application--Undergraduate Programs: (BS/CP and Nutrition Science)

- Please visit the Office of Admissions: <http://admissions.uic.edu/apply-now> and select the “Transfer/UIC Web Application” option to start the application process.
 - If this is your first application to UIC, click “First time user account creation” and follow the instructions.
 - Once you finalize and submit your application and the application fee, the system will send you further instructions (typically on the next business day) on using the application checklist to upload materials and enter information to generate requests to your recommenders for letters.
 - Final admission decisions will be made by the end of April.
 - Please note that you do not have to enter and submit all application information, or upload all materials, at one sitting. You can return to the system as many times as you need to. You can also return to the system checklist as often as you like to see what materials have been successfully uploaded, and subsequently verified as received by the department.
 - An application is not complete, according to admissions, until the app, the app fee, and the transcripts are submitted.

Required Supplemental Application Materials

Coordinated Program (BS):

See: <http://www.ahs.uic.edu/kn/academics/bsncp/howtoapply/instructionsmaterials/>

1. **Prerequisite Form*** (upload into online application as Miscellaneous Optional Doc 1)
2. **Written Interview Questions*** (upload into online application as Miscellaneous Optional Doc 2)
3. **2 recommendation letters**

4. **Official transcripts**
5. If an applicant's native language is not English, scores for the TOEFL, IELTS, or Pearson PTE Academic test are required. For submission instructions and conditions under which this requirement can be waived, visit http://www.uic.edu/depts/oar/undergrad/international_requirements_undergrad.html.
6. The top applicants for the Coordinated Program will be invited for an admissions interview.
*Available for download from our website.

Nutrition Science Program (NS)

See: <http://ahs.uic.edu/kn/academics/bsns/howtoapply/instructionsmaterials/> are required:

1. **Prerequisite Form*** (upload into online application as Miscellaneous Optional Doc 1)
2. **Official transcripts***
*Available for download from our website.

Intercollege transfer students:

Intercollege transfer students are undergraduate students who:

- Are currently enrolled at the University of Illinois at Chicago, or
- Have been accepted to the University of Illinois at Chicago for Spring 2018.

If you are in this category, you need **only** submit the supplemental application materials required for the program you are applying for. These should be submitted to the department as hard copies.

You do not need to submit an undergraduate application, fee, or UIC transcript. Additional transcripts must be submitted only if you have attended other institutions since enrolling at UIC.

General Information for University Application--Graduate Program: (MS/CP)

- Please visit the UIC Office of Admissions website: <http://admissions.uic.edu/graduate-professional/apply> and select the appropriate option (Domestic Degree Seeking, International Degree Seeking or Non-Degree) to start the application process.
 - If this is your first application to UIC, click "First time user account creation" and follow the instructions.
 - Once you finalize and submit your application and the application fee, the system will send you further instructions (typically on the next business day) on using the application checklist to upload materials and enter information to generate requests to your recommenders for letters.
 - Please note that you do not have to enter and submit all application information, or upload all materials, at one sitting. You can return to the system as many times as you need to. You can also return to the system checklist as often as you like to see what materials have been successfully uploaded, and subsequently verified as received by the department.

Required Supplemental Application Materials *Coordinated Program (MS):*

See: <http://ahs.uic.edu/kn/academics/msncp/howtoapply/instructionsmaterials/> (uploaded on the online application) are required:

1. **Prerequisite Form***
2. **Written Interview Questions***
3. **2 recommendation letters**
4. **Personal statement** (1-2 pages summarizing background and explaining objectives for graduate study)

5. **Official transcripts**
6. Scores for the GRE general test (request that ETS transmit score reports directly to UIC, institution **code 1851**, department/program code is not necessary)
7. If an applicant's native language is not English, scores for the TOEFL, IELTS, or Pearson PTE Academic test are required. For submission instructions and conditions under which this requirement can be waived, visit <http://grad.uic.edu/international-admission>
8. The top applicants for the Coordinated Program will be invited for an admissions interview.

**Available for download from our website*

For more information on the document upload process, please consult the Office of Admissions Document Upload Guide (http://www.uic.edu/depts/oar/grad/document_upload.html).

MS Admission Requirements:

- Conferred Bachelor's degree
- Minimum GPA of 3.0 on a 4.0 scale (*note that the average overall GPA of admitted students is around 3.5*)
- Minimum GRE score of 145 Quantitative and 155 Verbal
- Foreign Applicants: See this link for minimum English Proficiency Requirements: <https://admissions.uic.edu/graduate-professional/requirements-deadlines/international-requirements>

Program of Study—BS Programs

Note: Curriculum is subject to change from time to time. It is up to the candidate to ensure he/she has completed the most recent requirements.

Bachelor's Coordinated Program (BS/CP)	Nutrition Science Program (DPD*) *The DPD track is for students intending to apply to a dietetic internship.	Nutrition Science Program (Non-DPD*) *The Non-DPD track is intended for students who are not interested in becoming a registered dietitian—these students would likely pursue a graduate degree in a health related field, apply for medical school, dental school, etc.
JUNIOR YEAR <u>Fall semester:</u> HN 190 Intro to Dietetics (1 cr) HN 200 Nutritional Assessment (3 cr) HN 308 Nutrition Science I (3 cr) HN 440 The Research Process (3 cr) Semester credits: 10	<u>Fall semester:</u> HN 190 Intro to Dietetics (1 cr) HN 200 Nutritional Assessment (3 cr) HN 308 Nutrition Science I (3 cr) HN 440 The Research Process (3 cr) Electives: 3 credits Semester credits: 13	<u>Fall semester:</u> HN 200 Nutritional Assessment (3 cr) HN 308 Nutrition Science I (3 cr) HN 440 The Research Process (3 cr) Semester credits: 9
<u>Spring semester:</u> HN 309 Nutrition Science (3 cr) HN 330 Quantity Food Production (3cr) HN 313 Introduction to Community Nutrition (3cr) HN 318 Genetic, Molecular, and Cellular Mechanisms of Chronic Disease (3cr) Semester credits: 12	<u>Spring semester:</u> HN 309 Nutrition Science (3 cr) HN 330 Quantity Food Production (3cr) HN 313 Introduction to Community Nutrition (3cr) HN 318 Genetic, Molecular, and Cellular Mechanisms of Chronic Disease (3cr) Electives: 3 credits Semester credits: 15	<u>Spring semester:</u> HN 309 Nutrition Science (3 cr) HN 313 Introduction to Community Nutrition (3cr) HN 318 Genetic, Molecular, and Cellular Mechanisms of Chronic Disease (3cr) Elective (2 cr) Semester credits: 16

<p>SENIOR YEAR</p> <p><u>Fall Semester:</u> HN 202 Culture and Food (2 cr) HN 300 Science of Foods (3 cr) HN 311 Nutrition During the Life Cycle (3 cr) HN 320 Clinical Nutrition I (4 cr) HN 332 Food Service Management (2cr)</p> <p>Semester credits: 14</p>	<p><u>Fall Semester:</u> HN 202 Culture and Food (2 cr) HN 300 Science of Foods (3 cr) HN 311 Nutrition During the Life Cycle (3 cr) HN 320 Clinical Nutrition I (4 cr) HN 332 Food Service Management (2cr) Electives: 3 credits</p> <p>Semester credits: 17</p>	<p><u>Fall Semester:</u> HN 202 Culture and Food (2cr) HN 300 Science of Foods (3 cr) HN 311 Nutrition During the Life Cycle (3 cr) HN 320 Clinical Nutrition I (4 cr) Elective (3 cr)</p> <p>Semester credits: 15</p>
<p><u>Spring Semester:</u> HN 306 Nutrition Education (4 cr) HN 355 Supervised Practice I (4 cr) HN 420 Clinical Nutrition II (2 cr) HN 422 Clinical Nutrition III (2 cr)</p> <p>Semester credits: 12</p>	<p><u>Spring Semester:</u> HN 306 Nutrition Education (4 cr) HN 420 Clinical Nutrition II (2 cr) Electives: 9 credits</p> <p>Semester credits: 15</p> <p>Total credits: 60</p>	<p><u>Spring Semester:</u> HN 420 Clinical Nutrition II (2 cr) Elective (13 cr)</p> <p>Semester credits: 15</p> <p>Total credits: 60</p>
<p><u>Summer Semester:</u> HN 355 Supervised Practice I (2 cr) HN 455 Supervised Practice II (4 cr)</p> <p>Semester credits: 6</p>		
<p><u>Fall Semester:</u> HN 355 Supervised Practice I (2 cr) HN 455 Supervised Practice II (11 cr)</p> <p>Semester credits: 13</p> <p>Total credits: 67</p>		

Program of Study—MS/CP

Example MS/CP Schedule:

*Please note this is only an example. Many of our 500 level courses are only offered every other year, so when they are offered (when you can fit them in) will depend on when you begin the program. Your advisor will work with you to design a schedule that will ensure you complete all of the required courses.

Master's Coordinated Program (MS/CP)		
FIRST YEAR	SECOND YEAR	THIRD YEAR
<u>Fall semester:</u> HN 190 Intro to Dietetics (1 cr) HN 200 Nutritional Assessment (3 cr) HN 308 Nutrition Science I (3 cr) HN 202 Culture and Food (2 cr) <i>HN 440 The Research Process (3 cr)</i> <i>HN 407 Writing Process in Nutrition (2 cr)</i> Semester credits: 14	<u>Fall Semester:</u> HN 300 Science of Foods (3 cr) HN 311 Nutrition During the Life Cycle (3 cr) HN 320 Clinical Nutrition I (4 cr) HN 332 Food Service Management (2cr) <i>HN 510 Nutrition Physiological Aspects (3 cr)</i> Semester credits: 15	<u>Fall Semester:</u> HN 355 Supervised Practice I (2 cr) <i>HN 455 Supervised Practice II (11 cr)</i> <i>HN 532 Evaluation of Nutritional Status (3 cr)</i> Semester credits: 16
<u>Spring semester:</u> HN 309 Nutrition Science (3 cr) HN 330 Quantity Food Production (3 cr) HN 313 Introduction to Community Nutrition (3 cr) HN 318 Genetic, Molecular, and Cellular Mechanisms of Chronic Disease (3 cr) <i>HN 405 Food as Medicine (1 cr)</i> <i>KN 436 Health Coaching (3 cr)</i> Semester credits: 16	<u>Spring Semester:</u> HN 306 Nutrition Education (4 cr) HN 355 Supervised Practice I (4 cr) <i>HN 420 Clinical Nutrition II (2 cr)</i> <i>HN 422 Clinical Nutrition III (2 cr)</i> <i>HN 503 Advanced Pathophysiology (3 cr)</i> Semester credits: 15	
	<u>Summer Semester:</u> HN 355 Supervised Practice I (2 cr) <i>HN 455 Supervised Practice II (4 cr)</i> Semester credits: 6	

Guide:

- Courses that are *italized* are courses that count towards your MS degree in Nutrition at UIC. You must complete 36 hours at the 400 or 500 level. There are additional elective 500 level courses not listed on this example.
- The courses in plain font (except for HN 355) are the required in DPD coursework for the program directors to certify you to sit for the RD exam at the completion of the program.

Course Work Only Option

*It is assumed that all MS/CP students will choose to do the **course work only** option for the MS portion of the program.* If you are considering doing a project or thesis, then you should approach a faculty member (see the website for their bios) to see if they are willing/able to act as your advisor for a project or thesis. Faculty members are not required to take on additional MS students. It is up to their discretion. Otherwise, you will be assigned an advisor. This advisor will help you ensure that you are fulfilling all of the requirements for the Master's program.

More on the MS/CP

- The program must be completed on a full-time basis through the first six semesters.
- The majority of 500 level courses are offered in the evening.
- The MS requires a minimum of 36 credits taken at the 400 and 500 levels.
- At least 9 hours must be at the 500 level, excluding project (597), thesis (598), and independent study courses (if you choose the project or thesis route).
- Students *may* be able to complete the program in approximately two and a half to three years. However, we do NOT guarantee that you can finish in two and a half or three years. If a student chooses the project or thesis route, it will likely take longer to complete the program.
- Some students may want to consider going into the third spring semester to complete additional 400 and 500 level courses in order to eliminate the pressure of heavy course loads in other semesters. Note that if you elect to continue into your 3rd year, you will not be eligible to sit for the RD exam until your coursework is completed.
- This program is an ACEND accredited masters coordinated program.
- The Graduate College has set a maximum of 5 years for completion of the Master of Science degree.

Other Common General Questions:

Can I be a part-time student if I am accepted into the program?

Coordinated Program: All Coordinated Program students *must* complete the program in a *lock-step* process on a *full-time* basis. The program of study is pre-planned and highly structured. Each semester's course work builds upon that of the previous semester, and all courses must be completed in the order in which they are listed in the example above. This enables each student to reach the supervised practice portion at the planned time. Because the Coordinated Program is a full-time commitment, students are discouraged from holding outside employment while they are in the program.

Nutrition Science Program: The Nutrition Science program *can* be completed on a *part-time* basis. Students who decide to attend part-time must be sure to stay in touch with their advisor in order to ensure that all required classes are completed. Also, be advised that going part time will likely extend the total amount of time it will take to complete the program.

How much will it cost for me to attend the nutrition programs at UIC?

Information on tuition and fees for the undergraduate and graduate programs can be found on the UIC website: <http://www.uic.edu/admissions-aid/paying-for-college>

FIRST YEAR

CURRICULUM RELATED MANDATORY ADDITIONAL EXPENSES

Academy of Nutrition and Dietetics Student Membership	\$50.00
Health Insurance.....	\$95-\$1140 (Healthcare marketplace vs. Campus Care x 2 semesters)
Academy Nutrition Care Manual Subscription	\$75.00
Transportation.....	\$270-2000 (CTA vs. driving + paid parking x 9 mos)

Total Mandatory Expenses First Year: \$125.00+

OPTIONAL STUDENT PROFESSIONAL ORGANIZATION EXPENSES

SNA Membership.....	\$10.00
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Total Optional Expenses First Year: \$10.00

TOTAL ADDITIONAL EXPENSES FOR THE FIRST YEAR = \$135.00+

SECOND YEAR

CURRICULUM RELATED MANDATORY ADDITIONAL EXPENSES

Lab Coat (Supervised Practice).....	\$30.00
Academy Student Membership.....	\$50.00
Required Seminar Meetings.....	\$150.00
Health Insurance.....	\$325-1517 (Healthcare marketplace 2 nd year vs. Campus Care x 3 semesters)
Fee for Certified Background (Includes background check, drug testing, immunization tracking)....	\$110.00
Transportation	\$360-3000 (CTA vs. driving + paid parking x 12 mos)

Total Mandatory Expenses: \$340.00+

OPTIONAL STUDENT PROFESSIONAL ORGANIZATION EXPENSES

SNA Membership.....	\$10.00
RD Exam Review Course.....	\$175.00
IDA Spring Assembly.....	\$90.00

Total Optional Expenses: \$275.00+

TOTAL ADDITIONAL EXPENSES FOR THE SECOND YEAR= \$615.00+

THIRD YEAR (1/2 Year)

CURRICULUM RELATED MANDATORY ADDITIONAL EXPENSES

Academy Student Membership.....	\$50.00
Health Insurance.....	\$325-570 (1 semester)
Transportation Expenses and Parking during Supervised Practice	\$120-1500 (CTA vs. driving x 4 mos)

Total Mandatory Expenses First Year: \$50.00+

OPTIONAL STUDENT PROFESSIONAL ORGANIZATION EXPENSES

SNA Membership.....	\$10.00
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Total Optional Expenses Third Year: \$10.00

TOTAL ADDITIONAL EXPENSES FOR THE Third YEAR = \$60.00+

Can I get financial assistance to help me pay for the cost of the program?

Undergraduate:

- Van Doren Scholarship. For more info see:
<http://www.ahs.uic.edu/kn/currentstudents/financialaid/scholarshipsandawards/>
- Various scholarship and loan programs are available to help qualified students meet their financial obligations. Please see the Office of Financial Aid website at:
<http://www.uic.edu/depts/financialaid/>
- Additionally, more scholarship resources can be found at the following websites:
http://apps.collegeboard.com/cbsearch_ss/welcome.jsp
<http://www.fastweb.com/college-scholarships> <http://www.collegescholarships.org/>
<http://www.collegescholarships.com/>
- Academy of Nutrition and Dietetics Scholarships:
<http://www.eatrightpro.org/resources/membership/student-member-center/scholarships-and-financial-aid>
- Local Dietetic Associations:
 - <http://www.eatrightillinois.org/index.php/districts-home>

Graduate: (See above)

- There are very limited opportunities for assistantships for MS/CP students. These opportunities are rarely available for first year students. They are typically reserved for second and third year students. You may apply for an assistantship at this link:
http://www.ahs.uic.edu/media/uicedu/ahs/documents/kn/KN_ta_app.pdf

Would you describe a typical week for coordinated program and nutrition science track students?

The first three semesters of the Coordinated Program involve full-time coursework. Most courses are offered during **regular working hours (8am-5pm)**. The supervised practice experience begins during the fourth semester (spring) and continues through the fifth and sixth semesters (summer and fall).

During the fourth semester, students are out at sites two days a week and in class the other three days. During the fifth and sixth semesters, students are out at sites 40 hours a week (five days a week full time), though they come to UIC for class every other Monday. The supervised practice rotations are spent with registered dietitians and other food and nutrition professionals who act as preceptors at a variety of practice site, including hospitals, clinics, research facilities, community sites, and businesses in the greater Chicagoland area. The hours are typically 8am-5pm, although individual preceptors may have different working hours, and students will be expected to adhere to their preceptor's preferred hours for each rotation.

The Nutrition Science track involves four semesters of coursework on a full-time basis. However, the

student may choose to attend classes part-time. This option (part time) takes longer than four semesters. The timeline will depend on how many courses the student takes each semester.

Why should I choose UIC over other programs?

With the Coordinated Program, classroom learning is combined with the supervised practice experience; therefore, graduates are eligible to take the registration examination after graduating from the program. This seamless program has proven to be an ideal option for many students. Clinical courses are taught by a world-renowned faculty, as well as clinicians with years of experience in the field.

Since 2010, 100% of our Master's Coordinated Program and 98% of our Bachelor's Coordinated Program graduates have passed the RD examination within one year of graduation, compared to a national average of 80%. A strong science foundation and exposure to cutting-edge clinical applications make our graduates poised to gain challenging entry-level positions in an array of dietetics settings.

The Nutrition Science track provides a solid foundation in nutrition that allows graduates to apply to a dietetic internship program, to pursue careers in a related field, apply to medical school or graduate school. Our NS has a 5-year dietetic internship placement rate of 80%, which significantly exceeds the national average of around 50%; further evidence of the strength of our programs.

**Program data regarding goals & objectives of our programs and RD exam pass results are available upon request from the Program Director.*

How do I go about obtaining an accredited internship (NS students only)?

The DPD director will discuss the internship application process with you throughout the program. You should plan on applying for an internship during your final year in the program (February). There are a wide variety of internships throughout the United States. It is recommended that students begin researching internships as early as possible. All accredited internships can be found at this website:

<http://www.eatright.org/students/education/di.aspx>.

Additionally, information on the computer matching process can be found here:

<http://www.eatright.org/CADE/content.aspx?id=6596&terms=computer+match>.

Finally, we would like students to be aware that there is currently a shortage of dietetic internships. It is possible that you might complete the DPD, but not be accepted into an internship. Therefore, you should have a backup plan.

Additional options for DPD graduates include applying for graduate school in nutrition, food science, medicine or another allied health field, or potentially working in a WIC (Women Infants and Children) setting, the food industry, or in publications.

Can my courses be taken online? At this time, we do not offer online classes.

****The curriculum and policies of these programs are subject to change.
It is the responsibility of the student to stay abreast of any changes.****